An alarming percentage of elementary school students in Asheboro and Randolph County receive free or reduced breakfast and lunch at school Monday through Friday—as high as 90 percent at some schools.

Some of the students have NOTHING to eat on weekends. BACKPACK PALS meets the needs of these hungry youngsters by sending a backpack of nutritious, non-perishable, child-friendly food home from school with the child on Friday afternoon.

Highest priority items are:

- canned meat items (Vienna sausages, potted meat, Spam, etc.)
- juice boxes (high juice content)

Other essential items include:

- cereal bars, instant oatmeal
- Ramen noodles
- fruit cups
- crackers
- pudding cups

The child returns the backpack to school on Monday morning for community volunteers to pick it up, refill it, and return it to a designated location at school before Friday. The generic backpack keeps the food secure while protecting the child's identity and dignity.



1011 Sunset Avenue Asheboro, NC 27203 336.625.0008 powens@cisrandolph.org













**Communities In Schools of Randolph County** 

1011 Sunset Avenue Asheboro, NC 27203 336.625.0008

cisr and olph @century link.net



1011 Sunset Avenue Asheboro, NC 27203 336.625.0008 powens@cisrandolp.org www.randolph.communities inschools.org

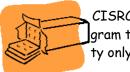
Communities In Schools of Randolph County (CISRC) works with the school to identify the students in need. Letters go to the parents/guardians to secure permission for their child to participate.



CISRC provides the backpacks, organizes the efforts of volunteers from civic and church groups, secures storage space, and seeks contributions to purchase food.

Teachers tell us that BackPack Pals has a positive impact on students' behavior, attendance, and academic achievement.





CISRC can implement this program throughout Randolph County only with YOUR help.

We need contributions, either financial or in-kind, for back-packs, food, and storage space. We also need concerned individuals, as well as civic and church groups, to serve as willing volunteers.

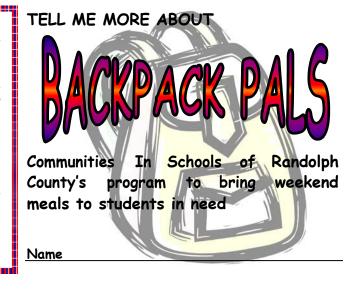


Contact us to learn more about the BACKPACK PALS program in your area.

# HELP KIDS LIKE KAYLEIGH AND KIMMY

Kayleigh and Kimmy\* live with their mother and an older sibling. Dad is serving time in prison. Mom is doing her best to hold down a steady job and maintain a normal life for her children, but often, there is not enough food for the four of them. The backpacks these girls bring home each Friday help alleviate the strain of providing healthy meals and snacks throughout the weekend. These capable, studious girls are doing well in school. They can concentrate on their studies and improve their grades because they are not worrying about being hungry.

\*not their real names



# \*Drop-off Sites

## Communities In Schools of Randolph County office

1011 Sunset Avenue Asheboro, NC 27203 Phone: 625-0008

### Southmont Elementary School

2497 Southmont Drive Asheboro, NC 27205 Beth Allen: 625-1558

#### Ramseur Elementary School

6755 Jordan Road Ramseur, NC 27316 824-4106

#### Randleman Elementary School

100 Swaim Street Randleman, NC 27317 Samantha Sprinkle: 495-1322

\*These locations are current as of August 31, 2015. They are subject to change without notice.

Mailing Address	
<u>City, S</u>	State, ZIP
E-mail	
<u>Phone</u>	
Best time to call	
I'm interested in (mark all that apply):	
	Making a cash donation (\$100 will feed 20 students for one week; CISRC feeds 500-600 hungry children each week)
	Making a contribution of food or materials
	Volunteering my time
	A CISRC representative speaking to my group

Other